

NLMUSD

May 1, 2018 thru Jun 5, 2018

Base Menu Spreadsheet

PK Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018															
PK Lunch	Total														
Mac & Cheese WG	svg(6oz spoon)	283	30	985	1.35	1.21	404.8	675	0.0	6	16.19	31.03	10.79	6.07	0.34
Apple Slices, Red 2oz, Prize	1/2c. (bag)	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Bell Pepper Strips, Sweet (PK)	1/4 cup	7	0	1	0.48	0.10	1.6	720	29.37	1	0.23	1.39	0.07	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ranch Dressing - CK recipe	1 oz	47	5	201	0.00	0.01	18.0	3	0.15	*N/A*	0.51	2.59	3.76	0.52	0.00
Weighted Daily Average		749	50	1664	4.83	3.30	1521.9	3198	156.72	*53	49.18	87.51	21.50	8.22	0.34
% of Calories										*28.1%	26.3%	46.7%	25.8%	9.9%	0.4%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Wed - 05/02/2018															
PK Lunch	Total														
Pizza, Cheese, 3x5, WG	1 each	334	30	584	3.38	1.32	471.4	455	9.63	4	18.66	30.3	16.74	7.48	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Salad, Caesar w/Crouton, (PK)	svg (1/2c)	29	1	79	0.81	0.47	18.8	2443	0.98	0	0.63	3.07	1.38	0.19	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		774	46	1144	5.99	3.82	1579.7	4659	15.71	*43	51.81	87.00	25.02	9.29	0.00
% of Calories										*22.4%	26.8%	44.9%	29.1%	10.8%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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PK Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/03/2018															
PK Lunch	Total														
Chicken Drumstick, Breaded, Ty	1 each	190	50	450	1.00	1.08	20.0	100	0.0	0	16.0	5.0	11.0	2.50	0.00
Potatoes, Tater Tots (PK)	svg (4ea)	65	0	155	1.00	0.00	0.0	0	1.8	0	1.0	8.0	3.0	0.50	0.00
Strawberries, Fresh, PK	1/4 cup	15	0	0	0.91	0.19	7.3	5	26.67	*N/A*	0.3	3.48	0.14	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		657	65	1183	3.91	3.07	1114.8	1955	32.07	*41	49.55	63.98	21.01	4.63	0.00
% of Calories										*25.3%	30.2%	39.0%	28.8%	6.3%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Fri - 05/04/2018															
PK Lunch	Total														
Cheeseburger Sliders, DL2	pkg	272	45	355	2.60	5.04	820.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
Fruit, Mixed (PK)	1/4 cup	29	0	2	0.49	0.18	0.0	49	1.77	6	0.0	7.37	0.0	0.00	0.00
Beans, Refried Salsa, PK 2018	1/4 cup	54	0	89	2.65	0.79	9.5	69	0.45	*0	2.69	9.0	0.89	0.22	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Mustard Packet	packet	5	0	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		748	60	1109	6.74	7.81	1917.0	2068	5.82	*51	54.63	95.18	15.57	4.74	0.00
% of Calories										*27.5%	29.2%	50.9%	18.7%	5.7%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/07/2018															
PK Lunch	Total														
Burrito, Bean & Chz, WG	1 each	380	25	550	7.00	3.60	300.0	200	3.6	3	17.0	45.0	15.0	6.00	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Jicama Sticks (PK)	1/4 cup	12	0	2	1.50	0.18	5.0	0	6.6	1	0.0	3.0	0.0	0.00	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		804	40	1032	10.30	5.81	1394.5	1961	15.30	*43	49.53	101.63	21.90	7.62	0.00
% of Calories										*21.4%	24.6%	50.6%	24.5%	8.5%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Tue - 05/08/2018															
PK Lunch	Total														
Chicken Tenders, WG, Tyson	svg (3pc)	250	60	410	2.00	1.44	20.0	0	0.0	1	25.0	15.0	10.0	1.50	0.00
Apple Slices, Red 2oz, Prize	1/2c. (bag)	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Bell Pepper Strips, Sweet (PK)	1/4 cup	7	0	1	0.48	0.10	1.6	720	29.37	1	0.23	1.39	0.07	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ranch Dressing - CK recipe	1 oz	47	5	201	0.00	0.01	18.0	3	0.15	*N/A*	0.51	2.59	3.76	0.52	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		726	80	1189	5.48	3.53	1137.1	2623	156.72	*49	57.99	74.48	20.71	3.65	0.00
% of Calories										*27.3%	32.0%	41.1%	25.7%	4.5%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Wed - 05/09/2018															
PK Lunch	Total														
Pizza, Pepperoni-Turk, 3x5, WG	1 each	344	36	649	3.38	1.40	472.9	455	9.99	4	20.01	30.57	17.28	7.68	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Salad, Caesar w/Crouton, (PK)	svg (1/2c)	29	1	79	0.81	0.47	18.8	2443	0.98	0	0.63	3.07	1.38	0.19	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00

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PK Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		785	51	1208	5.99	3.91	1581.2	4659	16.07	*44	53.16	87.27	25.56	9.49	0.00
% of Calories										*22.2%	27.1%	44.5%	29.3%	10.9%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Thu - 05/10/2018															
PK Lunch	Total														
Chili Cheese Cross Trax Fries	1 Serving	277	62	572	2.00	1.53	89.4	199	6.0	2	20.73	24.25	10.72	3.48	0.00
Roll, Dinner WG 2 oz	ea	180	0	260	5.00	1.80	80.0	0	9.0	*N/A*	5.0	37.0	2.5	0.00	0.00
Strawberries, Fresh, PK	1/4 cup	15	0	0	0.91	0.19	7.3	5	26.67	*N/A*	0.3	3.48	0.14	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		849	77	1310	8.91	5.32	1264.1	1954	45.27	*41	58.28	109.23	20.23	5.11	0.00
% of Calories										*19.5%	27.5%	51.5%	21.4%	5.4%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Fri - 05/11/2018															
PK Lunch	Total														
Mac & Cheese WG	svg(6oz spoon)	283	30	985	1.35	1.21	404.8	675	0.0	6	16.19	31.03	10.79	6.07	0.34
Fruit, Mixed (PK)	1/4 cup	29	0	2	0.49	0.18	0.0	49	1.77	6	0.0	7.37	0.0	0.00	0.00
Beans, Refried Salsa, PK 2018	1/4 cup	54	0	89	2.65	0.79	9.5	69	0.45	*0	2.69	9.0	0.89	0.22	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		744	45	1553	5.49	3.98	1501.8	2543	5.82	*52	51.12	91.91	18.56	7.91	0.34
% of Calories										*27.9%	27.5%	49.4%	22.4%	9.6%	0.4%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/14/2018															
PK Lunch	Total														
Tamale, Chicken w/ Red Sauce	1 each	310	35	700	3.00	1.08	60.0	1750	1.2	1	10.0	28.0	18.0	1.50	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Jicama Sticks (PK)	1/4 cup	12	0	2	1.50	0.18	5.0	0	6.6	1	0.0	3.0	0.0	0.00	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		734	50	1182	6.30	3.29	1154.5	3511	12.90	*41	42.53	84.63	24.90	3.12	0.00
% of Calories										*22.3%	23.2%	46.1%	30.5%	3.8%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Tue - 05/15/2018															
PK Lunch	Total														
Chicken, Orange	svg (1/2c)	150	40	280	0.00	0.72	0.0	0	1.2	10	11.0	19.0	3.0	0.50	0.00
Rice, Brown	svrg (1/2c)	130	0	10	1.00	0.00	0.0	0	0.0	0	3.0	27.0	1.0	0.00	0.00
Apple Slices, Red 2oz, Prize	1/2c. (bag)	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Bell Pepper Strips, Sweet (PK)	1/4 cup	7	0	1	0.48	0.10	1.6	720	29.37	1	0.23	1.39	0.07	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ranch Dressing - CK recipe	1 oz	47	5	201	0.00	0.01	18.0	3	0.15	*N/A*	0.51	2.59	3.76	0.52	0.00
Weighted Daily Average		746	60	969	4.48	2.81	1117.1	2523	157.92	*56	46.99	102.47	14.71	2.65	0.00
% of Calories										*30.3%	25.2%	55.0%	17.8%	3.2%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/16/2018															
PK Lunch	Total														
Pizza, Pepperoni-Turk, 3x5, WG	1 each	344	36	649	3.38	1.40	472.9	455	9.99	4	20.01	30.57	17.28	7.68	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Salad, Caesar w/Crouton, (PK)	svg (1/2c)	29	1	79	0.81	0.47	18.8	2443	0.98	0	0.63	3.07	1.38	0.19	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		785	51	1208	5.99	3.91	1581.2	4659	16.07	*44	53.16	87.27	25.56	9.49	0.00
% of Calories										*22.2%	27.1%	44.5%	29.3%	10.9%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Thu - 05/17/2018															
PK Lunch	Total														
Chicken Drumstick, Breaded, Ty	1 each	190	50	450	1.00	1.08	20.0	100	0.0	0	16.0	5.0	11.0	2.50	0.00
Potatoes, Tater Tots (PK)	svg (4ea)	65	0	155	1.00	0.00	0.0	0	1.8	0	1.0	8.0	3.0	0.50	0.00
Strawberries, Fresh, PK	1/4 cup	15	0	0	0.91	0.19	7.3	5	26.67	*N/A*	0.3	3.48	0.14	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		657	65	1183	3.91	3.07	1114.8	1955	32.07	*41	49.55	63.98	21.01	4.63	0.00
% of Calories										*25.3%	30.2%	39.0%	28.8%	6.3%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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NLMUSD

May 1, 2018 thru Jun 5, 2018

Base Menu Spreadsheet

PK Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/18/2018															
PK Lunch	Total														
Cheeseburger on WG Bun (l)	1 each	327	44	665	2.42	3.15	137.3	151	9.0	4	21.95	30.68	13.39	5.66	0.00
Fruit, Mixed (PK)	1/4 cup	29	0	2	0.49	0.18	0.0	49	1.77	6	0.0	7.37	0.0	0.00	0.00
Beans, Refried Salsa, PK 2018	1/4 cup	54	0	89	2.65	0.79	9.5	69	0.45	*0	2.69	9.0	0.89	0.22	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Mustard Packet	packet	5	0	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		803	58	1419	6.56	5.92	1234.3	2119	14.82	*52	56.88	94.56	21.16	7.50	0.00
% of Calories										*25.7%	28.3%	47.1%	23.7%	8.4%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Mon - 05/21/2018															
PK Lunch	Total														
Garlic Cheese Bread (BULK)	slice	356	38	447	2.00	1.86	420.0	124	0.0	3	20.25	31.0	16.78	8.32	8.32
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Jicama Sticks (PK)	1/4 cup	12	0	2	1.50	0.18	5.0	0	6.6	1	0.0	3.0	0.0	0.00	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		780	52	929	5.30	4.07	1514.5	1885	11.70	*43	52.78	87.63	23.68	9.94	8.32
% of Calories										*22.1%	27.1%	44.9%	27.3%	11.5%	9.6%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/22/2018															
PK Lunch	Total														
Mac & Cheese WG	svg(6oz spoon)	283	30	985	1.35	1.21	404.8	675	0.0	6	16.19	31.03	10.79	6.07	0.34
Apple Slices, Red 2oz, Prize	1/2c. (bag)	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Bell Pepper Strips, Sweet (PK)	1/4 cup	7	0	1	0.48	0.10	1.6	720	29.37	1	0.23	1.39	0.07	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ranch Dressing - CK recipe	1 oz	47	5	201	0.00	0.01	18.0	3	0.15	*N/A*	0.51	2.59	3.76	0.52	0.00
Weighted Daily Average		749	50	1664	4.83	3.30	1521.9	3198	156.72	*53	49.18	87.51	21.50	8.22	0.34
% of Calories										*28.1%	26.3%	46.7%	25.8%	9.9%	0.4%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/23/2018															
PK Lunch	Total														
Pizza, Cheese, 3x5, WG	1 each	334	30	584	3.38	1.32	471.4	455	9.63	4	18.66	30.3	16.74	7.48	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Salad, Caesar w/Crouton, (PK)	svg (1/2c)	29	1	79	0.81	0.47	18.8	2443	0.98	0	0.63	3.07	1.38	0.19	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		774	46	1144	5.99	3.82	1579.7	4659	15.71	*43	51.81	87.00	25.02	9.29	0.00
% of Calories										*22.4%	26.8%	44.9%	29.1%	10.8%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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NLMUSD

May 1, 2018 thru Jun 5, 2018

Base Menu Spreadsheet

PK Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/24/2018															
PK Lunch	Total														
Turkey and Gravy, WD	svg (4oz)	120	55	460	0.00	0.72	20.0	0	0.0	0	15.0	2.0	6.0	2.00	0.00
Potatoes, Mashed (PK)	srvgs (1/4c	35	0	8	0.50	0.10	3.7	1	15.78	0	0.5	8.0	0.25	0.00	0.00
Roll, Dinner WG 2 oz	1 ea	180	0	260	5.00	1.80	80.0	0	9.0	*N/A*	5.0	37.0	2.5	0.00	0.00
Strawberries, Fresh, PK	1/4 cup	15	0	0	0.91	0.19	7.3	5	26.67	*N/A*	0.3	3.48	0.14	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		737	70	1305	7.41	4.61	1198.4	1856	55.06	*42	53.05	97.98	15.76	3.63	0.00
% of Calories										*22.7%	28.8%	53.2%	19.2%	4.4%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Fri - 05/25/2018															
PK Lunch	Total														
Chicken Patty, Breaded, Tyson	1 each	200	45	290	3.00	1.08	0.0	0	0.0	0	19.0	9.0	9.0	1.50	0.00
Bun, Hamburger, Wheat WG	1 each	150	0	240	2.00	1.44	40.0	0	9.0	3	5.0	29.0	2.0	0.50	0.00
Beans, Refried Salsa, PK 2018	1/4 cup	54	0	89	2.65	0.79	9.5	69	0.45	*0	2.69	9.0	0.89	0.22	0.00
Fruit, Mixed (PK)	1/4 cup	29	0	2	0.49	0.18	0.0	49	1.77	6	0.0	7.37	0.0	0.00	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Mustard Packet	packet	5	0	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		826	60	1284	9.14	5.29	1137.0	1968	14.82	*51	58.93	101.88	18.77	3.84	0.00
% of Calories										*24.6%	28.5%	49.3%	20.5%	4.2%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/29/2018															
PK Lunch	Total														
Chicken Nuggets, WG, Tyson, PS	Serving (4p)	184	44	384	0.00	1.15	16.0	80	0.0	0	13.6	9.6	10.4	2.00	0.00
Apple Slices, Red 2oz, Prize	1/2c. (bag)	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Bell Pepper Strips, Sweet (PK)	1/4 cup	7	0	1	0.48	0.10	1.6	720	29.37	1	0.23	1.39	0.07	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
BBQ Sauce packet	packet (1t bsp)	15	0	85	0.00	0.00	0.0	0	0.0	2	0.0	4.0	0.0	0.00	0.00
Ranch Dressing - CK recipe	1 oz	47	5	201	0.00	0.01	18.0	3	0.15	*N/A*	0.51	2.59	3.76	0.52	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		675	64	1248	3.48	3.24	1133.1	2703	156.72	*50	46.59	73.08	21.11	4.15	0.00
% of Calories										*29.9%	27.6%	43.3%	28.2%	5.5%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Wed - 05/30/2018															
PK Lunch	Total														
Cheese Stuffed Bread Stick 2pc	2 each	600	50	980	6.00	3.60	800.0	400	0.0	8	40.0	60.0	22.0	12.00	0.00
Sauce, Marinara Dipping 2.5oz	ea (2.5oz)	40	0	200	1.00	0.72	20.0	300	6.0	4	1.0	7.0	1.0	0.00	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Salad, Caesar w/Crouton, (PK)	svg (1/2c)	29	1	79	0.81	0.47	18.8	2443	0.98	0	0.63	3.07	1.38	0.19	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		1081	66	1740	9.62	6.82	1928.3	4904	12.08	*52	74.15	123.70	31.28	13.81	0.00
% of Calories										*19.1%	27.4%	45.8%	26.0%	11.5%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/31/2018															
PK Lunch	Total														
Chicken Drumstick, Roasted,Ty	1 each	150	85	290	0.00	0.72	0.0	0	0.0	0	15.0	2.0	9.0	2.00	0.00
Potatoes, Fr Fries Seasoned	1/2 cup	130	0	340	2.00	0.72	0.0	0	2.4	0	2.0	17.0	6.0	1.00	0.00
Roll, Dinner WG 2 oz	1 ea	180	0	260	5.00	1.80	80.0	0	9.0	*N/A*	5.0	37.0	2.5	0.00	0.00
Strawberries, Fresh, PK	1/4 cup	15	0	0	0.91	0.19	7.3	5	26.67	*N/A*	0.3	3.48	0.14	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		862	100	1468	8.91	5.23	1174.8	1855	41.67	*41	54.55	106.98	24.51	4.63	0.00
% of Calories										*19.3%	25.3%	49.6%	25.6%	4.8%	0.0%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/01/2018															
PK Lunch	Total														
Burger, Cheesy Patty Melt	1 each	190	40	390	1.00	1.44	60.0	200	9.0	5	11.0	8.0	12.0	6.00	0.50
Bun, Hamburger, Wheat WG	1 each	150	0	240	2.00	1.44	40.0	0	9.0	3	5.0	29.0	2.0	0.50	0.00
Fruit, Mixed (PK)	1/4 cup	29	0	2	0.49	0.18	0.0	49	1.77	6	0.0	7.37	0.0	0.00	0.00
Beans, Refried Salsa, PK 2018	1/4 cup	54	0	89	2.65	0.79	9.5	69	0.45	*0	2.69	9.0	0.89	0.22	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ketchup Packet	packet	10	0	100	0.00	0.00	0.0	100	0.0	2	0.0	3.0	0.0	0.00	0.00
Mustard Packet	packet	5	0	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		816	55	1384	7.14	5.65	1197.0	2168	23.82	*56	50.93	100.88	21.77	8.34	0.50
% of Calories										*27.4%	25.0%	49.5%	24.0%	9.2%	0.6%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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NLMUSD

May 1, 2018 thru Jun 5, 2018

Base Menu Spreadsheet

PK Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/04/2018															
PK Lunch	Total														
Beef Taco Meat, JTM Tex	3 oz	181	42	415	0.00	2.48	29.8	482	1.24	0	14.88	1.24	12.4	4.59	0.74
Cheese, Cheddar, Shredded .5oz	svg (.5oz)	55	15	105	0.00	0.18	100.0	200	0.0	0	3.5	0.5	4.5	3.00	0.00
Taco Shell	1 ea	70	0	160	2.00	0.00	0.0	0	0.0	0	1.0	9.0	3.0	0.00	0.00
Peaches, Diced (PK)	1/4 cup	34	0	3	0.80	0.23	2.0	11	1.5	*N/A*	0.28	9.13	0.02	0.00	0.00
Jicama Sticks (PK)	1/4 cup	12	0	2	1.50	0.18	5.0	0	6.6	1	0.0	3.0	0.0	0.00	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Weighted Daily Average		730	72	1162	5.30	4.87	1224.3	2443	12.94	*40	51.90	67.37	26.79	9.21	0.74
% of Calories										*21.9%	28.4%	36.9%	33.0%	11.4%	0.9%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Tue - 06/05/2018															
PK Lunch	Total														
Mac & Cheese WG	svg(6oz spoon)	283	30	985	1.35	1.21	404.8	675	0.0	6	16.19	31.03	10.79	6.07	0.34
Apple Slices, Red 2oz, Prize	1/2c. (bag)	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Bell Pepper Strips, Sweet (PK)	1/4 cup	7	0	1	0.48	0.10	1.6	720	29.37	1	0.23	1.39	0.07	0.01	0.00
Milk, Lowfat White (PK)	6 oz	90	7	113	0.00	0.00	262.5	375	1.8	11	7.5	10.5	1.87	1.12	0.00
Milk, Nonfat White (PK)	6 oz	67	3	90	0.00	0.00	225.0	375	1.8	9	6.75	9.0	0.0	0.00	0.00
Milk, Lactaid, FF	cup (8oz)	80	4	125	0.00	0.00	300.0	500	0.0	12	8.0	13.0	0.0	0.00	0.00
Milk, Soy	cup (8 oz)	140	0	150	1.00	1.80	300.0	500	0.0	8	10.0	12.0	5.0	0.50	0.00
Ranch Dressing - CK recipe	1 oz	47	5	201	0.00	0.01	18.0	3	0.15	*N/A*	0.51	2.59	3.76	0.52	0.00
Weighted Daily Average		749	50	1664	4.83	3.30	1521.9	3198	156.72	*53	49.18	87.51	21.50	8.22	0.34
% of Calories										*28.1%	26.3%	46.7%	25.8%	9.9%	0.4%
Nutrient Guideline		517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Weighted Average		774	59	1294	6.27	4.39	1373.8	2849	53.65	*47	52.70	90.10	21.96	6.85	0.44
										*54.7%	27.2%	46.6%	25.6%	8.0%	0.5%

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage										
Calories	774		517	150%													
Cholesterol (mg)	59																
Sodium (mg)	1294								1294								
Fiber (g)	6.27																
Iron (mg)	4.39		3.30	133%													
Calcium (mg)	1373.8		267.00	515%													
Vitamin A (IU)	2849		750	380%													
Sugars (g)	47	24.32%			Missing												
Vitamin C (mg)	53.65		15.00	358%													
Protein (g)	52.70	27.25%	6.65	792%													
Carbohydrate (g)	90.10	46.59%															
Total Fat (g)	21.96	25.55%	<=30.00%														
Saturated Fat (g)	6.85	7.97%	<10.00%														
Trans Fat ¹ (g)	0.44	0.51%															

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